

LIST OF THINGS NEEDED FOR SUMMER

Always be prepared! Make sure you have everything you need for the day.

Practice days:

- Nutritious food (bring your lunch in a small cooler)
- **Healthy** snacks
- Drinks (Gatorade/non-carbonated drinks are the best)
- Insulated jug full of water
- Raingear (always be prepared to be outside)
- Change of clothes (in case you get wet or cold)
- Music
- Instrument
- Wear comfortable tennis shoes
- Hat & Sunglasses
- Bug Spray & Sunscreen



Show days - you will need everything listed above plus:

- Uniform necessities (band shirts, black socks, band shoes, clean underwear, **black compression/bike shorts**)
- Shower stuff (towel, soap, shampoo, deodorant, etc)

Overnight Tours:

- Sleeping bag
- Air Mattress or bedroll (we'll be sleeping on the gym floors)
- Pillow
- Blanket for the bus rides
- Personal Toiletry Items
- Towels for showering and swimming
- Shorts & T-shirts, sweatshirt & sweatpants
- Comfortable tennis shoes
- Raingear (always be prepared to be outside)
- Pajamas
- Uniform necessities (band shirts, black socks, band shoes, clean underwear, **black compression/bike shorts**)
- Swimming suit
- Insulated Water Jug
- Hat & Sunglasses
- Bug Spray & Sunscreen
- Things to do on the bus - games, cards, books, music etc.
- Prescription Meds - give to medical chaperone, if necessary
- Calling card if desired

Please make sure you have your name on all items, including clothing.